

Center for Community Solutions Hotline: 1-888-385-4657
Deaf Hotline: 1-206-812-1001 (VP)
Email: hotline@adwas.org

CALL US FOR HELP! 



**We believe you.
We will listen to you.
We can help you.**

**ARE YOU SAFE AND
HAPPY?**



**No one
deserves to
be hurt.**

Abuse can be....

Someone makes you feel scared or bad when they talk to you.



Someone doesn't let you make any decisions or choices for yourself.



Someone hurts or touches your body without your consent or agreement.



No excuse for abuse

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